

## Breakfast ( 7am - 11am)

*HEALTHY*

Fresh Fruit Salad R36  
Seasonal mix of freshly prepared fruit. Add yoghurt for R12

Cafe Health Breakfast R58  
Fresh fruit salad, sugar-free muesli with a side serving of low fat plain yoghurt, and raw nuts and seeds.

*ON THE GO*

Brekkie-in-a-Bun R26  
An egg, rasher of bacon and a slice of cheese served in a fresh bun with a dash of BBQ sauce.

Wrap - scrambled egg, bacon, cherry tomatoes and a half side order of fries R38

Wrap - savoury beef mince with scrambled egg, spring onions and a touch of sweet chili, plus a half side order of fries R38

*TO ENJOY AT YOUR LEISURE*

Traditional Omelette R44  
Three egg omelette served with any two fillings; cheddar, mozzarella, cherry tomatoes, bacon, mushrooms. Extra fillings at R9 each. Served with brown or white toast and preserves.

Scrambled Egg & Croissant R38 (V)  
Two scrambled eggs infused with feta, served in a freshly baked croissant with balsamic mushrooms on the side. Add smoked salmon for R24. Add 2 rashers of bacon for R14.

Peoples Benedict R56 ( V )  
Two poached eggs served atop a grilled brown mushroom with creamed spinach, and topped off with Hollandaise sauce. Served with brown or white toast and preserves.

Mabhida Benedict R68  
Two poached eggs served on an English muffin, topped with Hollandaise sauce, and smoked salmon. Served with brown or white toast and preserves.

Stadium Breakfast R66  
Your choice of scrambled, poached or fried eggs (2), grilled sausage, 2 rashers of bacon, seared cherry tomatoes, sauteed mushrooms & fries. Served with brown or white toast and preserves.

*LIGHTER SIDE*

Cafe French Connection R25  
2 slices of French toast served with maple syrup. Add two rashers of bacon for R14.

Anchovy Toast R22  
2 slices of brown or white toast, served with anchovy paste and butter.

*KIDDIES*

Junior Egg on Toast - fried or poached egg, 1 slice white or brown toast R12

Junior Sunrise - 1 egg, 2 rashers bacon, tomato, slice of toast and butter R19

## Light Meals ( 11am - close)

*TOASTIES (Std R32 ~ Gourmet R48)*  
*Add fries for R15*

Egg and Bacon

Chicken Mayo & Mozzarella

Cheese and Tomato

Vegetarian [ spinach, feta, mushrooms & mozzarella]

Mozambique [ chicken peri-peri with caramelised onion and mozzarella ]

Durbanite [ bacon, avocado (seasonal) haloumi and mozzarella]

*WRAPS*

Beef Prego - sirloin strips, caramelised onion, lettuce, tomato, cucumber, cheddar and prego sauce in a wrap. R39

Thai Chicken - avo (seasonal), chicken strips, cheddar, salad & sweet chilli sauce.R39

*TRAMEZZINI ( add fries for R15 )*

Spinach and Feta with mushrooms and mozzarella ( V ) R48

Chicken Mayo with dill cucumber and mozzarella R48

Mozambique - chicken peri-peri with caramelised onion, mozzarella R48

Durbanite - bacon strips, avocado (seasonal) haloumi and mozzarella.R48

*CAFE SALADS*

Waldorf R60  
dating back to 1893 from New Yorks Astoria Hotel, this classic is served using mayo instead of yoghurt and includes walnuts, celery, grapes (or raisins) and apple served on a bed of lettuce.

Chicken and Pear R60  
Smoked chicken fillet strips served on wild mixed greens with pear and citrus and served with a blue cheese dressing.

Green Salad R35  
Medley of fresh greens and cherry tomatoes served with olive oil and balsamic vinegar - add Feta for R12.

*KIDDIES*

Junior Cheese and Tomato Sarmie R17

Junior toasted Chicken Mayo Sarmie R19

Junior Beef Burger & fries R26

Junior Chicken Burger & fries R26

*Please note, these ‘Kiddies’ items will only be served to children under the age of 16. No Take-Aways.*

## Cafe Meals ( 11am - close)

*BURGERS*

Chicken Burger R46  
Grilled chicken fillet with gherkin , onion and served with crispy greens and the Cafe’s own burger sauce & fries. Add cheese, egg or pineapple ring for R8 ea

Beef Burger R46  
150gm ground beef pattie, served with crispy salad, gherkin, onion, Cafe’s own burger sauce and fries. Add cheese, egg or pineapple ring for R8 ea

*SPECIALITIES*

**Curry of the Day**

*	Beans ( V )	R55
*	Chicken	R55 ( on the bone )
*	Beef	R75
*	Lamb	R89 ( on the bone )

served with rice or roti, sambals and pickles.

**Bunny Chow** ( 1/4 white loaf )

*	Beans ( V )	R48
*	Chicken	R48 ( on the bone )
*	Beef	R68
*	Lamb	R75 ( on the bone )

served with extra gravy, sambals and pickles

*SAVOURY CREPES*

Spinach and Feta Crepe R48 ( V )  
A light pancake filled with creamed spinach and feta and topped off with melted cheddar cheese with a crispy side salad.

*GRILLS* ( allow 20-30 minutes preparation time )

200gm beef fillet served with a mushroom sauce, seasonal vegetables and fries. R125

East Coast Chicken Peri-Peri - whole spring chicken grilled to perfection with a Peri-Peri sauce, served with a side salad and fries. R94

Chicken Tikka R49  
Succulent marinated chicken on a skewer served with a side salad, sauce and dressing. Add fries for R15

*CAFE HOUSE PIES FOR THE HUNGRY* ( allow 20-30 minutes )

Home baked Pub-style pies served with either a side salad or fries.

Lamb and mint pie for one R84  
Oxtail and broad-bean pie for one R84  
Veg Pie for one R54

*DAILY SPECIAL*

*Tuesdays to Sundays our Chef cooks up a ‘Special’ using the freshest ingredients to tantalise your tastebuds. Ask your waitron about today’s Special....*

# Sweets and Desserts ( all day)

## PANCAKES

Two pancakes with a delicious warm filling of your choice, served with either a scoop of vanilla ice cream or fresh cream (R10 extra charge for both)

- \* Caramalised Banana - R34
- \* Apple Cinnamon - R34
- \* Cinnamon & Sugar - R20

## CAFE BAKED CONFECTIONERY

**Sweet Muffins R18** served with butter, cream and preserves - ask your waitron for details on what muffins are freshly baked today!

### Health Muffin R22

- \* Carrot Cake Muffin
- \* Bran Muffin
- \* Oats Muffin

ask your waitron to find out which muffin is fresh baked today!

### Home Baked Scones R16

Served with butter, cream and strawberry jam.

### Cake of the day R28

Ask your waitron for details on what cake has been freshly baked for you today! ( on view at the service counter )

## HEALTHY

### Fresh Fruit Salad (Seasonal and subject to availability)

Fresh Fruit Salad and Ice Cream ( 1 scoop) R45

Fresh Fruit Salad and Fresh Cream R45

# Beverages

## Cold

### Soft Drinks R15

Coke  
Coke Zero  
Fanta Orange  
Fanta Grape  
Cream Soda  
Sparberry  
Stoney  
Sprite  
Lemon Twist

### Tisers R20

Appletiser, Grapetiser

### Ice Tea R18

Lemon , Peach, Red Fruit

### Fresh Fruit Juices R20

Orange, Mango, Cranberry, Fruit  
Cocktail

### Iced Smoothies OR Yoghurt Smoothies R29

Mango and banana  
Strawberry and banana  
Strawberry and litchi

### Shakes R29

Chocolate  
Lime  
Strawberry  
Banana  
Bubblegum  
Coffee-Shake R34

## Hot

### Teas R14

Ceylon  
Prince of Wales  
Earl Grey  
Lemon  
Orange  
Green  
Chamomile  
Rooibos

Chai Latte R22

illy Coffees  
Filter R14  
Espresso R14  
Double Espresso R18

Cappuccino with foam R16  
Cappuccino with cream R18  
Skinny cappuccini R16

Americano R18

Latte R18

Mocha R18

Other Hot Beverages  
Hot Chocolate R21  
Horlicks R21  
Milo R21





### Kids Parties

Both parents and children will love our fun,memorable and hassle-free parties at the Peoples Park Cafe!



Open 7 days a week.  
7am - 6pm

FIND OUT MORE  
031 303 5719 / cafe@mmsdurban.co.za



#### Go-Karts for hire

* Track	R30
* 1/2 hour	R40
* 1 hour	R80
* 2 hours	R120





### Kids Parties

**The package includes:**

- \* The venue for up to 50 kids and adults in a clearly demarcated exclusive area.
- \* Access to the playground
- \* Plenty of space to ride bikes or rollerblade
- \* Table and chair set-up
- \* Clean-up after the party
- \* Waiter service

**The package excludes:**

- \* Food - the cafe offers a delicious menu to choose from
- \* Beverages -the restaurant offers a full selection
- \* Birthday cake
- \* Party packs
- \* Kiddies tables and chairs if required
- \* Decor

Client Note:  
\* Dates are available subject to major events calendar  
\* Peoples Park has an in-house catering facility, managing all Food and Beverage ( all orders must be pre-paid)  
\* Bookings can only be taken 1 month prior to event date  
\* Full payment is required 5 days prior to the event  
\* Party bookings are for a maximum 3 hours  
\* Peoples Park Cafe management reserves the right to ask clients to vacate the venue after the booking time has been reached and/or charge a fee of R1000 per hour or part thereof, should the venue not be vacated in terms of the timings booked.

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Right of Admission is Strictly Reserved

Ask about our Kiddies Parties

Corporate Functions and Events



Enjoy a healthy balance!

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Menu as from 1 April 2014