

Breakfast (7am - 11am)

HEALTHY

Fresh Fruit Salad R36

Seasonal mix of freshly prepared fruit. Add yoghurt for R12

Cafe Health Breakfast R58

Fresh fruit salad, sugar-free muesli with a side serving of low fat plain yoghurt, and raw nuts and seeds.

ON THE GO

Brekkie-in-a-Bun R26

An egg, rasher of bacon and a slice of cheese served in a fresh bun with a dash of BBQ sauce.

Wrap - scrambled egg, bacon, cherry tomatoes and a half side order of fries R38

Wrap - savoury beef mince with scrambled egg, spring onions and a touch of sweet chili, plus a half side order of fries R38

TO ENJOY AT YOUR LEISURE

Traditional Omelette R44

Three egg omelette served with any two fillings; cheddar, mozzarella, cherry tomatoes, bacon, mushrooms. Extra fillings at R9 each. Served with brown or white toast and preserves.

Scrambled Egg & Croissant R38 (V)

Two scrambled eggs infused with feta, served in a freshly baked croissant with balsamic mushrooms on the side. Add smoked salmon for R24. Add 2 rashers of bacon for R14.

Peoples Benedict R56 (V)

Two poached eggs served atop a grilled brown mushroom with creamed spinach, and topped off with Hollandaise sauce. Served with brown or white toast and preserves.

Mabhida Benedict R68

Two poached eggs served on an English muffin, topped with Hollandaise sauce, and smoked salmon. Served with brown or white toast and preserves.

Stadium Breakfast R66

Your choice of scrambled, poached or fried eggs (2), grilled sausage, 2 rashers of bacon, seared cherry tomatoes, sauteed mushrooms & fries. Served with brown or white toast and preserves.

LIGHTER SIDE

Cafe French Connection R25

2 slices of French toast served with maple syrup. Add two rashers of bacon for R14.

Anchovy Toast R22

2 slices of brown or white toast, served with anchovy paste and butter.



Junior Egg on Toast - fried or poached egg, 1 slice white or brown toast R12

Junior Sunrise - 1 egg, 2 rashers bacon, tomato, slice of toast and butter R19

Light Meals (11am - close)

TOASTIES (Std R32 ~ Gourmet R48)

Add fries for R15

Egg and Bacon

Chicken Mayo & Mozzarella

Cheese and Tomato

Vegetarian [spinach, feta, mushrooms & mozzarella]

Mozambique [chicken peri-peri with caramelised onion and mozzarella]

Durbanite [bacon, avocado (seasonal) haloumi and mozzarella]

WRAPS

Beef Prego - sirloin strips, caramelised onion, lettuce, tomato, cucumber, cheddar and prego sauce in a wrap. R39

Thai Chicken - avo (seasonal), chicken strips, cheddar, salad & sweet chilli sauce. R39

TRAMEZZINI (add fries for R15)

Spinach and Feta with mushrooms and mozzarella (V) R48

Chicken Mayo with dill cucumber and mozzarella R48

Mozambique - chicken peri-peri with caramelised onion, mozzarella R48

Durbanite - bacon strips, avocado (seasonal) haloumi and mozzarella. R48

CAFE SALADS

Waldorf R60

dating back to 1893 from New York's Astoria Hotel, this classic is served using mayo instead of yoghurt and includes walnuts, celery, grapes (or raisins) and apple served on a bed of lettuce.

Chicken and Pear R60

Smoked chicken fillet strips served on wild mixed greens with pear and citrus and served with a blue cheese dressing.

Green Salad R35

Medley of fresh greens and cherry tomatoes served with olive oil and balsamic vinegar - add Feta for R12.



Junior Cheese and Tomato Sarmie R17

Junior toasted Chicken Mayo Sarmie R19

Junior Beef Burger & fries R26

Junior Chicken Burger & fries R26

Please note, these 'Kiddies' items will only be served to children under the age of 16. No Take-Aways.

Cafe Meals (11am - close)

BURGERS

Chicken Burger R46

Grilled chicken fillet with gherkin, onion and served with crispy greens and the Cafe's own burger sauce & fries. Add cheese, egg or pineapple ring for R8 ea

Beef Burger R46

150gm ground beef patty, served with crispy salad, gherkin, onion, Cafe's own burger sauce and fries. Add cheese, egg or pineapple ring for R8 ea

SPECIALITIES

Curry of the Day

*	Beans (V)	R55
*	Chicken	R55 (on the bone)
*	Beef	R75
*	Lamb	R89 (on the bone)

served with rice or roti, sambals and pickles.

Bunny Chow (1/4 white loaf)

*	Beans (V)	R48
*	Chicken	R48 (on the bone)
*	Beef	R68
*	Lamb	R75 (on the bone)

served with extra gravy, sambals and pickles

SAVOURY CREPES

Spinach and Feta Crepe R48 (V)

A light pancake filled with creamed spinach and feta and topped off with melted cheddar cheese with a crispy side salad.

GRILLS (allow 20-30 minutes preparation time)

200gm beef fillet served with a mushroom sauce, seasonal vegetables and fries. R125

East Coast Chicken Peri-Peri - whole spring chicken grilled to perfection with a Peri-Peri sauce, served with a side salad and fries. R94

Chicken Tikka R49

Succulent marinated chicken on a skewer served with a side salad, sauce and dressing. Add fries for R15

CAFE HOUSE PIES FOR THE HUNGRY (allow 20-30 minutes)

Home baked Pub-style pies served with either a side salad or fries.

Lamb and mint pie for one R84

Oxtail and broad-bean pie for one R84

Veg Pie for one R54

DAILY SPECIAL

Tuesdays to Sundays our Chef cooks up a 'Special' using the freshest ingredients to tantalise your tastebuds. Ask your waitron about today's Special....

Sweets and Desserts (all day)

PANCAKES

Two pancakes with a delicious warm filling of your choice, served with either a scoop of vanilla ice cream or fresh cream (R10 extra charge for both)

- * Caramalised Banana - R34
- * Apple Cinnamon - R34
- * Cinnamon & Sugar - R20

CAFE BAKED CONFECTIONERY

Sweet Muffins R18 served with butter, cream and preserves - ask your waitron for details on what muffins are freshly baked today!

Health Muffin R22

- * Carrot Cake Muffin
- * Bran Muffin
- * Oats Muffin

ask your waitron to find out which muffin is fresh baked today!

Home Baked Scones R16

Served with butter, cream and strawberry jam.

Cake of the day R28

Ask your waitron for details on what cake has been freshly baked for you today! (on view at the service counter)

HEALTHY

Fresh Fruit Salad (Seasonal and subject to availability)

Fresh Fruit Salad and Ice Cream (1 scoop) R45

Fresh Fruit Salad and Fresh Cream R45

Beverages

Cold

Soft Drinks R15

- Coke
- Coke Zero
- Fanta Orange
- Fanta Grape
- Cream Soda
- Sparberry
- Stoney
- Sprite
- Lemon Twist

Tisers R20

- Appletiser, Grapetiser

Ice Tea R18

- Lemon, Peach, Red Fruit

Fresh Fruit Juices R20

- Orange, Mango, Cranberry, Fruit Cocktail

Iced Smoothies OR

Yoghurt Smoothies R29

- Mango and banana
- Strawberry and banana
- Strawberry and litchi

Shakes R29

- Chocolate
- Lime
- Strawberry
- Banana
- Bubblegum
- Coffee-Shake R34

Hot

Teas R14

- Ceylon
- Prince of Wales
- Earl Grey
- Lemon
- Orange
- Green
- Chamomile
- Rooibos

Chai Latte R22

- illy Coffees
- Filter R14
- Espresso R14
- Double Espresso R18

Cappuccino with foam R16

- Cappuccino with cream R18
- Skinny cappuccini R16

Americano R18

Latte R18

Mocha R18

Other Hot Beverages

- Hot Chocolate R21
- Horlicks R21
- Milo R21



Enjoy a healthy balance!

Both parents and children will love our fun, memorable and hassle-free parties at the Peoples Park Cafe!

Go-Karts for hire

* Track	R30
* 1/2 hour	R40
* 1 hour	R80
* 2 hours	R120

Open 7 days a week.
7am - 6pm
031 303 5719 / cafe@mmsdurban.co.za

FIND OUT MORE

The package includes:

- * The venue for up to 50 kids and adults in a clearly demarcated exclusive area.
- * Access to the playground
- * Plenty of space to ride bikes or rollerblade
- * Table and chair set-up
- * Clean-up after the party
- * Waiter service

The package excludes:

- * Food - the cafe offers a delicious menu to choose from
- * Beverages - the restaurant offers a full selection
- * Birthday cake
- * Party packs
- * Kiddies tables and chairs if required
- * Decor

Client Note:

- * Dates are available subject to major events calendar
- * Peoples Park has an in-house catering facility, managing all Food and Beverage (all orders must be pre-paid)
- * Bookings can only be taken 1 month prior to event date
- * Full payment is required 5 days prior to the event
- * Party bookings are for a maximum 3 hours
- * Peoples Park sole management reserves the right to ask clients to vacate the venue after the booking time has been reached and charge a fee of R1000 per hour or part thereof, should the venue not be vacated in terms of the timings booked.

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FIND OUT MORE

Right of Admission is Strictly Reserved

Ask about our Kiddies Parties

Corporate Functions and Events



Menu as from 1 April 2014

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