

Breakfast (7am - 11am)

HEALTHY

Fresh Fruit Salad R36
Seasonal mix of freshly prepared fruit. Add yoghurt for R12

Cafe Health Breakfast R58
Fresh fruit salad, sugar-free muesli with a side serving of low fat plain yoghurt, and raw nuts and seeds.

ON THE GO

Brekkie-in-a-Bun R26
An egg, rasher of bacon and a slice of cheese served in a fresh bun with a dash of BBQ sauce.

Wrap - scrambled egg, bacon, cherry tomatoes and a half side order of fries R38

Wrap - savoury beef mince with scrambled egg, spring onions and a touch of sweet chili, plus a half side order of fries R38

TO ENJOY AT YOUR LEISURE

Traditional Omelette R44
Three egg omelette served with any two fillings; cheddar, mozzarella, cherry tomatoes, bacon, mushrooms. Extra fillings at R9 each. Served with brown or white toast and preserves.

Scrambled Egg & Croissant R38 (V)
Two scrambled eggs infused with feta, served in a freshly baked croissant with balsamic mushrooms on the side. Add smoked salmon for R24. Add 2 rashers of bacon for R14.

Peoples Benedict R56 (V)
Two poached eggs served atop a grilled brown mushroom with creamed spinach, and topped off with Hollandaise sauce. Served with brown or white toast and preserves.

Mabhida Benedict R68
Two poached eggs served on an English muffin, topped with Hollandaise sauce, and smoked salmon. Served with brown or white toast and preserves.

Stadium Breakfast R66
Your choice of scrambled, poached or fried eggs (2), grilled sausage, 2 rashers of bacon, seared cherry tomatoes, sauteed mushrooms & fries. Served with brown or white toast and preserves.

LIGHTER SIDE

Cafe French Connection R35
2 slices of French toast served with maple syrup. Add two rashers of bacon for R14.

Anchovy Toast R22
2 slices of brown or white toast, served with anchovy paste and butter.

KIDDIES

Junior Egg on Toast - fried or poached egg, 1 slice white or brown toast R12

Junior Sunrise - 1 egg, 2 rashers bacon, tomato, slice of toast and butter R19

Light Meals (11am - close)

TOASTIES (Std R32 ~ Gourmet R48)
Add fries for R15

Egg and Bacon

Chicken Mayo & Mozzarella

Cheese and Tomato

Vegetarian [spinach, feta, mushrooms & mozzarella]

Mozambique [chicken peri-peri with caramelised onion and mozzarella]

Durbanite [bacon, avocado (seasonal) haloumi and mozzarella]

WRAPS

Beef Prego - sirloin strips, caramelised onion, lettuce, tomato, cucumber, cheddar and prego sauce in a wrap. R39

Thai Chicken - stir-fried chicken fillet strips in a sweet chilli sauce and crispy salad, in a wrap.R39

TRAMEZZINI (add fries for R15)

Spinach and Feta with mushrooms and mozzarella (V) R48

Chicken Mayo with dill cucumber and mozzarella R48

Mozambique - chicken peri-peri with caramelised onion, mozzarella R48

Durbanite - bacon strips, avocado (seasonal) haloumi and mozzarella.R48

CAFE SALADS

Waldorf R60
dating back to 1893 from New Yorks Astoria Hotel, this classic is served using mayo instead of yoghurt and includes walnuts, celery, grapes (or raisins) and apple served on a bed of lettuce.

Chicken and Pear R60
Smoked chicken fillet strips served on wild mixed greens with pear and citrus and served with a blue cheese dressing.

Green Salad R35
Medley of fresh greens and cherry tomatoes served with olive oil and balsamic vinegar - add Feta for R12.

KIDDIES

KID'S SPECIAL

Junior Cheese and Tomato Sarmie R17

Junior toasted Chicken Mayo Sarmie R19

Junior Beef Burger & fries R26

Junior Chicken Burger & fries R26

Cafe Meals (11am - close)

BURGERS

Chicken Burger R46
Grilled chicken fillet with gherkin , onion and served with crispy greens and the Cafe's own burger sauce & fries. Add cheese, egg or pineapple ring for R8 ea

Beef Burger R46
150gm ground beef pattie, served with crispy salad, gherkin, onion, Cafe's own burger sauce and fries. Add cheese, egg or pineapple ring for R8 ea

Chicken Tikka R49
Succulent marinated chicken on a skewer served with a side salad, sauce and dressing. Add fries for R15

SPECIALITIES

Curry of the Day
* Beans (V) R55
* Chicken R55 (on the bone)
* Beef R75
* Lamb R89 (on the bone)
served with rice or roti, sambals and pickles.

Bunny Chow (1/4 white loaf)
* Beans (V) R48
* Chicken R48 (on the bone)
* Beef R68
* Lamb R75 (on the bone)
served with extra gravy, sambals and pickles

SAVOURY CREPES

Spinach and Feta Crepe R48 (V)
A light pancake filled with creamed spinach and feta and topped off with melted cheddar cheese with a crispy side salad.

GRILLS

200gm beef fillet served with a mushroom sauce, seasonal vegetables and fries. R125

Inhaca Chicken Peri-Peri - whole spring chicken grilled to perfection with a Peri-Peri sauce, served with a side salad and fries. R79

CAFE HOUSE PIES FOR THE HUNGRY

Home baked Pub-style pies served with either a side salad or fries.

Lamb and mint pie for one R84
Oxtail and broad-bean pie for one R84
Veg Pie for one R54

DAILY SPECIAL

Tuesdays to Sundays our Chef cooks up a 'Special' using the freshest ingredients to tantalise your tastebuds. Ask your waitron about today's Special....

Sweets and Desserts (all day)

PANCAKES

Two pancakes with a delicious warm filling of your choice, served with either a scoop of vanilla ice cream or fresh cream

- * Caramalised Banana - R34
- * Apple Cinnamon - R34
- * Cinnamon & Sugar - R20

CAFE BAKED CONFECTIONERY

Sweet Muffins R18 served with butter, cream and preserves - ask your waitron for details on what muffins are freshly baked today!

Health Muffin R22

- * Carrot Cake Muffin
- * Bran Muffin
- * Oats Muffin

ask your waitron to find out which muffin is fresh baked today!

Home Baked Scones R16

Served with butter, cream and strawberry jam.

Cake of the day R28

Ask your waitron for details on what cake has been freshly baked for you today! (on view at the service counter)

HEALTHY

Fresh Fruit Salad (Seasonal and subject to availability)

Fresh Fruit Salad and Ice Cream (1 scoop) R45

Fresh Fruit Salad and Fresh Cream R45

Beverages

Cold

Soft Drinks R15

- Coke
- Coke Zero
- Fanta Orange
- Fanta Grape
- Cream Soda
- Sparberry
- Stoney
- Sprite
- Lemon Twist

Tisers R20

- Appletiser
- Grapetiser

Ice Tea R18

- Lemon , Peach
- Red Fruit

Iced Smoothies OR Yoghurt Smoothies R29

- Mango and banana
- Strawberry and banana
- Strawberry and litchi

Shakes R29

- Chocolate
- Lime
- Strawberry
- Banana
- Bubblegum
- Coffee (+R12 for espresso)

Hot

Teas R14

- Ceylon
- Prince of Wales
- Earl Grey
- Lemon
- Orange
- Green
- Chamomile
- Rooibos

Chai Latte R22

illy Coffees

- Filter R14
- Espresso R14
- Double Espresso R18

- Cappuccino with foam R16
- Cappuccino with cream R18
- Skinny cappuccini R16

Americano R18

Latte R18

Mocha R18

Other Hot Beverages

- Hot Chocolate R21
- Horlicks R21
- Milo R21



Kids Parties

Both parents and children will love our fun, memorable and hassle-free parties at the People's Park Café!

On-boards for kids

- 2 hour R 90
- 1 hour R 80
- 2 hours R 120 (Available for kids up to 5 years)

Prices

Tuesday to Saturday R1500
Sundays and Public Holidays R3000

The deck is also available for smaller parties of up to 30 people. The hire cost is R500 for a maximum of 3 hours.

Guest Note:

- Dates available are subject to Major events calendar
- People's Park has an in-house catering department, which manages all food & beverage (all orders must be pre-paid)
- Please note that bookings are only taken 1 month prior to the event date
- Full payment must be made 4 days prior to the event
- Please note that a party booking is for a maximum of 3 hours
- People's Park Café reserves the right to ask clients to vacate the venue after the booking time has been reached, and/or charge the client a fee of R1000.00 per hour or part thereof, should the venue not be vacated in terms of the timings booked.

Open 6 days a week
Tuesday to Sunday 7am – 6pm

FIND OUT MORE
031 303 5719 | mmsdurban.com

Right of Admission is Strictly Reserved

Ask about our Kiddies Parties

Corporate Functions and Events

Enjoy a healthy balance!

Menu as from 1 April 2014

cafe@mmsdurban.co.za

Open 7 days a week. 7am to 6pm