

Breakfast (7am - 11am)

HEALTHY

Fresh Fruit Salad R36

Seasonal mix of freshly prepared fruit. Add yoghurt for R12

Cafe Health Breakfast R58

Fresh fruit salad, sugar-free muesli with a side serving of low fat plain yoghurt, and raw nuts and seeds.

ON THE GO

Brekkie-in-a-Bun R26

An egg, rasher of bacon and a slice of cheese served in a fresh bun with a dash of BBQ sauce.

Wrap - scrambled egg, bacon, cherry tomatoes and a half side order of fries R38

Wrap - savoury beef mince with scrambled egg, spring onions and a touch of sweet chili, plus a half side order of fries R38

TO ENJOY AT YOUR LEISURE

Traditional Omelette R44

Three egg omelette served with any two fillings; cheddar, mozzarella, cherry tomatoes, bacon, mushrooms. Extra fillings at R9 each. Served with brown or white toast and preserves.

Scrambled Egg & Croissant R38 (V)

Two scrambled eggs infused with feta, served in a freshly baked croissant with balsamic mushrooms on the side. Add smoked salmon for R24. Add 2 rashers of bacon for R14.

Peoples Benedict R56 (V)

Two poached eggs served atop a grilled brown mushroom with creamed spinach, and topped off with Hollandaise sauce. Served with brown or white toast and preserves.

Mabhida Benedict R68

Two poached eggs served on an English muffin, topped with Hollandaise sauce, and smoked salmon. Served with brown or white toast and preserves.

Stadium Breakfast R66

Your choice of scrambled, poached or fried eggs (2), grilled sausage, 2 rashers of bacon, seared cherry tomatoes, sauteed mushrooms & fries. Served with brown or white toast and preserves.

LIGHTER SIDE

Cafe French Connection R35

2 slices of French toast served with maple syrup. Add two rashers of bacon for R14.

Anchovy Toast R22

2 slices of brown or white toast, served with anchovy paste and butter.

KIDDIES

Junior Egg on Toast - fried or poached egg, 1 slice white or brown toast R12

Junior Sunrise - 1 egg, 2 rashers bacon, tomato, slice of toast and butter R19

Light Meals (11am - close)

TOASTIES (Std R32 ~ Gourmet R48)

Add fries for R15

Egg and Bacon

Chicken Mayo & Mozzarella

Cheese and Tomato

Vegetarian [spinach, feta, mushrooms & mozzarella]

Mozambique [chicken peri-peri with caramelised onion and mozzarella]

Durbanite [bacon, avocado (seasonal) haloumi and mozzarella]

WRAPS

Beef Prego - sirloin strips, caramelised onion, lettuce, tomato, cucumber, cheddar and prego sauce in a wrap. R39

Thai Chicken - stir-fried chicken fillet strips in a sweet chilli sauce and crispy salad, in a wrap. R39

TRAMEZZINI (add fries for R15)

Spinach and Feta with mushrooms and mozzarella (V) R48

Chicken Mayo with dill cucumber and mozzarella R48

Mozambique - chicken peri-peri with caramelised onion, mozzarella R48

Durbanite - bacon strips, avocado (seasonal) haloumi and mozzarella. R48

CAFE SALADS

Waldorf R60

dating back to 1893 from New York's Astoria Hotel, this classic is served using mayo instead of yoghurt and includes walnuts, celery, grapes (or raisins) and apple served on a bed of lettuce.

Chicken and Pear R60

Smoked chicken fillet strips served on wild mixed greens with pear and citrus and served with a blue cheese dressing.

Green Salad R35

Medley of fresh greens and cherry tomatoes served with olive oil and balsamic vinegar - add Feta for R12.

KIDDIES

Junior Cheese and Tomato Sarmie R17

Junior toasted Chicken Mayo Sarmie R19

Junior Beef Burger & fries R26

Junior Chicken Burger & fries R26

Cafe Meals (11am - close)

BURGERS

Chicken Burger R46

Grilled chicken fillet with gherkin, onion and served with crispy greens and the Cafe's own burger sauce & fries. Add cheese, egg or pineapple ring for R8 ea

Beef Burger R46

150gm ground beef patty, served with crispy salad, gherkin, onion, Cafe's own burger sauce and fries. Add cheese, egg or pineapple ring for R8 ea

Chicken Tikka R49

Succulent marinated chicken on a skewer served with a side salad, sauce and dressing. Add fries for R15

SPECIALITIES

Curry of the Day

* Beans (V)	R55
* Chicken	R55 (on the bone)
* Beef	R75
* Lamb	R89 (on the bone)

served with rice or roti, sambals and pickles.

Bunny Chow (1/4 white loaf)

* Beans (V)	R48
* Chicken	R48 (on the bone)
* Beef	R68
* Lamb	R75 (on the bone)

served with extra gravy, sambals and pickles

SAVOURY CREPES

Spinach and Feta Crepe R48 (V)

A light pancake filled with creamed spinach and feta and topped off with melted cheddar cheese with a crispy side salad.

GRILLS

200gm beef fillet served with a mushroom sauce, seasonal vegetables and fries. R125

Inhaca Chicken Peri-Peri - whole spring chicken grilled to perfection with a Peri-Peri sauce, served with a side salad and fries. R79

CAFE HOUSE PIES FOR THE HUNGRY

Home baked Pub-style pies served with either a side salad or fries.

Lamb and mint pie for one R84

Oxtail and broad-bean pie for one R84

Veg Pie for one R54

DAILY SPECIAL

Tuesdays to Sundays our Chef cooks up a 'Special' using the freshest ingredients to tantalise your tastebuds. Ask your waitron about today's Special....

Sweets and Desserts (all day)

PANCAKES

Two pancakes with a delicious warm filling of your choice, served with either a scoop of vanilla ice cream or fresh cream

- * Caramalised Banana - R34
- * Apple Cinnamon - R34
- * Cinnamon & Sugar - R20

CAFE BAKED CONFECTIONERY

Sweet Muffins R18 served with butter, cream and preserves - ask your waitron for details on what muffins are freshly baked today!

Health Muffin R22

- * Carrot Cake Muffin
- * Bran Muffin
- * Oats Muffin

ask your waitron to find out which muffin is fresh baked today!

Home Baked Scones R16

Served with butter, cream and strawberry jam.

Cake of the day R28

Ask your waitron for details on what cake has been freshly baked for you today! (on view at the service counter)

HEALTHY

Fresh Fruit Salad (Seasonal and subject to availability)

Fresh Fruit Salad and Ice Cream (1 scoop) R45

Fresh Fruit Salad and Fresh Cream R45

Beverages

Cold

Soft Drinks R15
Coke
Coke Zero
Fanta Orange
Fanta Grape
Cream Soda
Sparberry
Stoney
Sprite
Lemon Twist

Tisers R20

Appletiser
Grapetiser

Ice Tea R18
Lemon , Peach
Red Fruit

Iced Smoothies OR Yoghurt Smoothies R29

Mango and banana
Strawberry and banana
Strawberry and litchi

Shakes R29

Chocolate
Lime
Strawberry
Banana
Bubblegum
Coffee (+R12 for espresso)

Hot

Teas R14
Ceylon
Prince of Wales
Earl Grey
Lemon
Orange
Green
Chamomile
Rooibos

Chai Latte R22

illy Coffees
Filter R14
Espresso R14
Double Espresso R18

Cappuccino with foam R16
Cappuccino with cream R18
Skinny cappuccini R16

Americano R18

Latte R18

Mocha R18

Other Hot Beverages
Hot Chocolate R21
Horlicks R21
Milo R21



Enjoy a healthy balance!

Both parents and children will love our fun, memorable and hassle-free parties at the People's Park Caf  !

On-Karts for kids:

• Track	R 30
• 1/2 hour	R 40
• 1 hour	R 60
• 2 hours	R 120

(Available for kids up to 5 years)

Kids Parties

The package includes:

- Themed area for up to 20 kids and adults in a clearly demarcated area that is exclusive to you and your guests
- Access to the playground
- Plenty of space to ride bikes or rollerblades
- Table and chair setup
- Clean up after the party
- 200 mini-muffins

The Packages exclude:

- Food - the restaurant offers a delicious and healthy menu to choose from
- Beverages - the restaurant offers a full selection of non-alcoholic beverages
- Entertainment
- Party packs
- Kid's tables and chairs if required
- Decor

Prices

Tuesday to Saturday	R1500
Sundays and Public Holidays	R3 000

This deck is also available for smaller parties of up to 30 people. The hire cost is R500 for a maximum of 3 hours.

Event Note:

- Dates available are subject to Major events calendar
- People's Park have an in-house catering department, which manages all food & beverage (all orders must be pre-paid)
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- Full payment must be made 4 days prior to the event
- Please note that a party booking is for a maximum of 5 hours
- Please note that the CAFE reserves the right to add clients to the event after the booking time has been reached, and/or charge the client a fee of R1000.00 per hour or part thereof, should the venue not be vacated in terms of the timings booked.

Open 6 days a week
Tuesday to Sunday 7am - 6pm

FIND OUT MORE
031 303 5719 | mmsstadium.com

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Right of Admission is Strictly Reserved

Ask about our Kiddies Parties

Corporate Functions and Events



Enjoy a healthy balance!

Menu as from 1 April 2014

Open 7 days a week. 7am to 6pm

cafe@mmsdurban.co.za